

How to Use



Challenge yourself to complete all of the activities by the end of the summer.



Encourage your friends, family and people in your community to participate with you!

Make the most of participating in June is Recreation and Parks Month. Every day is a new day to explore and celebrate the benefits of recreation and parks near you.



PlayON!

Celebrating Recreation and Parks



YOUTH ACTIVITY PASSPORT

Name:

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Get Outside and Have Fun!

- Scavenger hunt!** Find a park and enjoy a good old fashioned scavenger hunt with your friends. Play as an individual or as a team to complete your list.
- Lend a helping hand.** Stay involved and give back to your community by volunteering at your local community centre or school.
- Have a ball.** Try a sport using a ball, like soccer, tennis or just play catch!
- Get wet.** Grab your friends on a hot summer day and head to your local swimming pool or lake.
- Visit a local farmer's market.** Find out the name of a local farmer who brings you fresh food, grown right here in Ontario!
- Bike it!** Get on your bike and discover trails and paths in your community.

- Go to the beach!** Grab your friends and visit your local beach to play games and soak up the sun!
- Take a picture.** Use your camera or borrow a friends and catch snapshots of life and discover your community.
- Play a game!** Get a group of friends together outside and organize a sports game or a favourite activity!
- Take a hike.** Take your family on a tour of a local hiking path and enjoy!
- Paint a picture.** Collect some painting supplies and start creating your masterpiece.
- Connect with us.** Share your experiences with us on Facebook or Twitter by using the hashtag #RecandParksMonth and #Canada150

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