




## How to Use

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 Encourage your friends, family and people in your community to participate with you!

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**JUNE** is recreation & parks month

**PlayON!**

## Celebrating Recreation and Parks



**KID'S ACTIVITY PASSPORT**

**Name:**



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**KID'S ACTIVITY PASSPORT**

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# Get Outside and Have Fun!

- Play Hide and Seek!** Find a park with lots of trees and enjoy a good old-fashioned game of hide and seek with your friends.
- Have a ball.** Try a sport using a ball, such as soccer, tennis or just play catch!
- Have a picnic!** Explore a new park and enjoy some food!
- See the stars.** Stay up late to check out the big dipper and the little dipper.
- Visit a local farmer's market.** Find out the name of a local farmer who brings you fresh food, grown right here in Ontario!
- Plant an idea!** Plant some seeds and grow your very own peas, lettuce or beans. They all grow very quickly and taste good too!

- Bug Safari!** Go on a bug safari and check out the critters in your neighbourhood.
- Smell the flowers.** The sense of smell is a wondrous thing. See if you can find a flower that is native to Ontario.
- Bird watch.** How many different birds fly through your neighbourhood? Can you spot a blue jay?
- Play a game of tag.** Grab a friend and give yourself lots of space to run around. How fast are you at running?
- Take a hike!** Take your family on a tour of a local hiking path and enjoy!
- Swinging.** Find a park with a swing set to enjoy a day outdoors with your family and friends.

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